



MILWAUKEE ETHNIC NEWS

PUBLISHED BY URBAN ANTHROPOLOGY, INC.

JULY/AUGUST, 2021

Milwaukee ethnicity: herbs and spices

About Milwaukee Ethnic News

Milwaukee Ethnic News is published bimonthly by Urban Anthropology Inc. and is managed by volunteer anthropologists. The purpose of the newsletter is to offer ethnic organizations and individuals the opportunities to share news and information about their cultures. The newsletter does not receive funds from any external source. See more information on last page.

Why the foods for 13 local ethnic groups have unique flavors



Old South Side Settlement Museum is now open for group tour reservations



As of July 1, 2021, the Rozga Family's Old South Side Settlement Museum will be open for free for reserved groups of two or more.

Museum features

The museum, located at 707 W. Lincoln Avenue, tells the story of

the settlement of Poles and Latinos in this southside community. Features include displays on the history of the Basilica of St. Josaphat, Kosciuszko Park, and the stream of populations that occupied the blocks in the Lincoln Village and Historic Mitchell neighborhoods. One room showcases exhibits on celebrities that once lived on these blocks, including a movie star, two baseball hall-of-famers, a Medal of Honor recipient, and more. A special feature is

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Food plays a large role in the ethnic experience, including the recipes passed down from ancestors. The particular herbs and spices preferred by each group gives the ethnic foods their unique flavors. This article will discuss these trends among Milwaukee County's African Americans, American Indians, English, French, Germans, Hmong, Irish, Italians, Jews, Mexicans, Norwegians, Poles, and Puerto Ricans.

African Americans

"One of the hallmarks of African-American cooking is more intense seasoning," said Adrian Miller, the author of *Soul Food: The Surprising Story of an American Cuisine One Plate at a Time*. Miller discussed how black families use seasoned salt in many dishes. She also

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stressed the importance of seasoning in soul food, which most often includes a blend of salt, black pepper, onion powder, garlic powder, chili, paprika, thyme, dried parsley, and cayenne pepper. This combination is often used in collard, turnip or mustard greens; fried chicken; okra; and chicken fried steak. Other spices used in African American cuisine include celery seed, cumin, coriander, nutmeg, cinnamon, curry, dry mustard, chili powder, and fresh parsley.



Other soul food options

Soul food also includes cornbread, grits, hoecake, hush puppies, sweet potato pie, fatback, fried fish, ham hocks, hog jowl, hog maw, offal, ox tails, pigs' feet, pickled pigs' feet, pork, pork ribs, giblets, chicken liver, turkey, hoppin' John, black-eyed peas, sweet potatoes, and okra.

Enjoy soul food locally at Daddys Soul Food Grille.

American Indians

Among American Indians, the herbs and spices that are used in sacred ceremonies or healing, such as sage, saffron, and juniper, are also often used to flavor meat, soups, stews, and teas. Other herbs and spices employed at times include mint, yarrow, curry, coriander, dandelion, and lavender.



A popular North American Indian dish is three sisters' stew. Three sisters are the companion plants of corn, beans, and squash that are planted in the same hole—the corn providing support for the beans to climb, the beans putting nitrogen back into the soil to help the other plants, and the squash shading the soil. Curry and coriander are commonly added to season the dish.

Locally, The Oneida Cannery is a cultural program of the Oneida Nation of Wisconsin that processes traditional foods. Among their many products, mint, chamomile, dehydrated violet flowers and dehydrated blueberries and strawberries are harvested and packaged for teas.

Oneida white corn is still processed in an alkaline bath made with burnt ashes.



Oneida harvest festival

The Oneida celebrate an October harvest thanksgiving called the Husking Bee (suspended during COVID). Oneida people give thanks for their harvest during this three-day celebration, and that includes ancient stories, songs, dances and prayer. With harvesting and braiding the Oneida white corn as a highlight of the event, this celebration recognizes and gives thanks for the harvest. Also featured are cultural events, music, prepared foods, and vendors from the Oneida Farmers Market

English

Herbs and spices used most commonly among the English are sage, rosemary, ginger, thyme, poppy seed, cinnamon, mint, nutmeg, flaxseed, dill, and anise (pictured is the English green bean dish with sage and pancetta).



While the British are not the first ethnic group one usually considers when discussing culinary use of seasonings, they were mostly responsible for introducing the Western world to many herbs and spices. The British East India Company was fiercely competitive with the Dutch and French throughout the 17th and 18th centuries over spices from the Spice Islands in eastern

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Indonesia. Spices such as pepper, ginger, nutmeg, cloves and cinnamon, could only be found on these islands at the time, and the British could earn profits as high as 400 percent per voyage.

Locally, many of these herbs can be enjoyed in the white bean salad at the British Three Lions Pub in Shorewood.

French

The French are known to use herbs and spices in understated ways. Most popular among this ethnic group are tarragon, nutmeg, parsley, sage, rosemary, thyme, cinnamon, and wine vinegar. Nutmeg is barely discernable in vichyssoise, a potato/leek soup enjoyed at room temperature (see pictured).



Locally, the subtle use of thyme can be enjoyed on Milwaukee's lakefront. A dish to consider is Blanquette de Veau à l'Ancienne - Paul Bocuse, and it can be ordered at Bartolotta's Lake Park Bistro.

Germans

Do you ever wonder what gives bratwurst its distinctive taste? It's the combination of herbs and spices added to the meat. While recipes vary, all include ginger and marjoram. Other recipes may add mace (or its alternative of nutmeg), caraway, mustard powder, cardamum, and coriander.



Brats with Dusseldorf mustard can be accessed in German restaurants all over the Greater Milwaukee area, with local favorites being Kegel's Inn in west Allis and Mader's in downtown Milwaukee.

Overall, Germany's and Austria's favored seasonings include bay leaf, ginger, borage, caraway, chives, brown and white mustard seed, dill, juniper berries, marjoram, parsley, thyme, and white pepper.

Hmong

During their centuries of migrations across Asia, the Hmong incorporated local herbs and spices into their traditional recipes. Hmong in the United States favor chilies, cilantro, ginger, and green onion. Cilantro is the herb that gives Hmong egg rolls (Kab Yaub) their delicious and distinct flavor, similar to the Vietnamese version. These fried and wrapped rolls are popular at family affairs and annual events such as the Hmong New Year. Typically, the rolls consist of eggs mixed with shredded carrots and cabbage, ground pork (or they can be vegetarian), onions, scallions, and cilantro. They are rolled in a paper-thin wheat shell, and deep fried.



Locally, a good place to enjoy Hmong egg rolls is at Xiong's Restaurant at the 5xen Super Asian Market on the city's far northwest side.

Irish



The Irish do not brandish seasonings to quite the extent that many other groups do. They use garlic, fresh thyme, caraway seeds, and cloves. Garlic is commonly employed in cooking, and in the preparation of the Irish favorite, corned beef. Garlic also adds flavor to batter for fish, roasted chicken and creamed potatoes. Garlic is not an herb, but a vegetable.

An excellent place to enjoy Irish corned beef and cabbage is at County Clare in the city's Yankee Hill neighborhood.

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Italians



The familiar taste that identifies Italian red sauce comes from the herbs basil and oregano. While some recipes might include thyme, rosemary or marjoram, basil and oregano are always among the ingredients in any variant of spaghetti, pizza, or marinara sauce. Garlic, a vegetable, is used ubiqui-

tously in Italian cooking as well.

Great local places to enjoy the best in Italian sauces (whether pizza or pasta) are Zaffiro's near Brady Street and Tenuta's in Bay View.

Jews

Ashkenazi Jews favor dill, poppy, and caraway seeds as seasonings. If you've ever wondered what gives Jewish rye its special flavor, the answer is not necessarily rye—it's most likely to be caraway.

This floral, slightly bitter spice is used heavily in flavoring rye bread. In America, as Jewish-style ryes began to rely on higher percentages of wheat flour, caraway became the dominant flavor.



Caraway also has other traditional uses in Ashkenazi cuisine, primarily as an added ingredient in sauerkraut and braised cabbage, soups, potato dishes, and noodles.

Called *mohn* in German and Yiddish, nutty, blue-black poppy seeds are also used by Ashkenazi Jews in baked goods, from sweet rolls and cakes to strudel and hamantaschen. A good place to enjoy the Jewish use of both caraway and poppy is at Benji's Deli and Restaurant on North Oakland Avenue.

Mexicans



If you've ever asked yourself why the meat in tacos has a flavor that instantaneously signals "Mexican," the reason is the spice cumin (or *cumino* in Spanish).

Other herbs, spices, or vegetable seasonings favored by Mexicans include jalapeno, cilantro, garlic, vanilla, cinnamon, and cocoa. Excellent local places to enjoy Mexican flavors include Riviera Maya in Bay View and Tres Hermanos in Lincoln Village.

Norwegians

Favorite herbs and spices used by Norwegians include cinnamon, mustard, cardamon, caraway, coriander, fennel, juniper berries, and peppercorns. While one might ordinarily associate cardamon with Indian cooking, it is also enjoyed by Nordic people—particularly in hveteboller (or Norwegian cardamom buns).



A recently opened local restaurant to enjoy Norwegian flavors, including the popular mustard sauce, is Eldr+Rime in Wauwatosa on Mayfair Road.

Poles

Poles worldwide use a variety of herbs and spices. Among their favorites are dill, garlic, bay leaf, caraway, poppy seeds, vegeta, cloves, allspice, saffron, curry, cinnamon, ginger, turmeric, marjoram, horseradish, and parsley. Polish bigos or hunter's stew's unique taste comes chiefly from bay leaves.



Interesting local places to enjoy Polish seasoned cuisine are Old World Deli in Greendale, A&J Polish Deli in the Lincoln Village neighborhood, or Polenez restaurant on Packard Avenue.

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Puerto Ricans

While Mexican food is flavored with its own variety of herbs and spices, these seasonings are not necessarily repeated by other Latin American cultures. Puerto Rico generates its own food flavors. For example, if you've ever wondered what makes arroz con gandules so uniquely delicious, the answer isn't cumin or hot peppers. Its warm flavor comes from a vegetable paste called sofrito (to which is sometimes added a sazón blend). Other seasonings favored by Puerto Ricans include annato, Cuban oregano, and recaó.

Places to enjoy these Puerto Rican flavors in Milwaukee include Sabor Tropical in Bay View, Sofritos Vega in Walker's Point, and La Caribena on South Pearl Street.



Southside museum open for tours

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the miniature Polish flat that depicts life on the South Side during the Great Depression. See photos that follow. Make reservations by telephone at (414) 332-6714 or email jflanthropologist@currently.com. The tours are free.

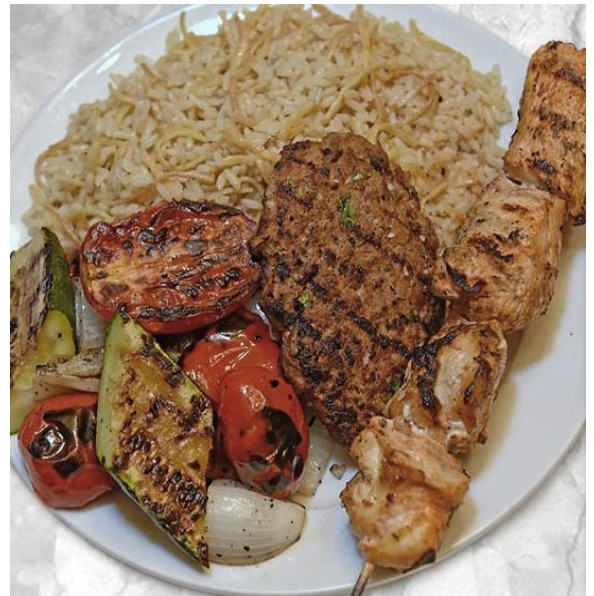


Food, Fun, Culture at Armenian Fest

Armenia is among the world's longest surviving civilizations, and Armenians have a long history in the Milwaukee area. Since the 1930s, the local Armenian community gathered every summer for a picnic featuring traditional Mediterranean dishes made from old family recipes. That informal picnic has grown into Armenian Fest, a popular attraction for Milwaukee festivalgoers seeking good food at reasonable prices in a warm, welcoming setting.

July 18, 2021
7825 W. Layton Ave., Greenfield
Admission is free

Although similar in some respects to the cooking of Greece and other Eastern Mediterranean nations, Armenian cuisine includes many unique dishes and often draws from a different array of spices/ingredients than the recipes of its neighbors.



Parking and admission are free

This year's Armenian Fest will be held, rain or shine, from 11 a.m. to 5 p.m. Sunday, July 18 on the grounds of St. John the Baptist Armenian Orthodox Church, 7825 West Layton Avenue. The menu will include beef, chicken and luleh kebob, cheese and spinach boureg, sarma and a mouthwatering array of baklava and other traditional pastries.

Chicago band, The Hye Vibes, will perform traditional Armenian music. Beer from Armenia (one of the world's earliest beer-producing nations) will be on sale. Armenian Fest also features church tours and a culture booth selling books, artifacts and Armenian wine by the bottle.



Hmong Association purchases Gustave Pabst mansion

The Hmong American Women's Association (HAWA) bought the Gustave Pabst Mansion, 3030 West Highland Boulevard in the Concordia neighborhood, for \$435,000 on June 3rd of this year. HAWA will use their new home to continue providing services for Southeast Asian women, girls, queer and trans people experiencing violence.

The association is organizing a \$1 million fundraising campaign, Roots Down MKE, to support its use of the new facility and the next 100 years. HAWA was founded in 1993, and for most of this time rented office space at 3727 West National Avenue.

Built in 1898, the Gustave Pabst mansion has 8,350 square feet of space with a 3,200-square-foot office addition built onto the front. In addition, a 3,300-square-foot carriage house is located at the rear of the property.

HAWA's new home was donated to the Lutheran Welfare Society of Wisconsin in 1951 and it became a daycare facility. In the 1960s the original entrance was demolished and a 3,200-square-foot modern addition was constructed. From the 1970s to the 1990s, Willowglen, a residential facility for autistic and emotionally disturbed, operated out of the building. They were followed by Highland Community School, which departed for a more traditional venue in 2012. In 2013 ThirtyThirty LLC purchased the building for \$300,000 and rented the complex out for use as a daycare, law office and yoga studio.

A special use permit is pending before the Board of Zoning Appeals to permit the Hmong organization to use the facility as a social service facility.

In addition, more services could be coming to the Concordia neighborhood. Bethesda Lutheran Communities is expecting to develop an affordable, supportive housing community at 3200 West Highland Boulevard.

Puerto Rican Family Festival: 2021

The annual Puerto Rican Family Festival is back and will take place at Wilson Park, 1601 West Howard Avenue, from 11 a.m. to 7 p.m. on Sunday, Aug. 1. The festival features traditional music, dance, food and more, including a salsa and merengue dance contest, a domino contest, and a baseball contest.

Join us as we celebrate the rich exotic culture that is Puerto Rico. The Puerto Rican Family Festival is Wisconsin's only Puerto Rican festival.

<https://www.facebook.com/events/505527627364317?ref=news-feed>



Save the dates of Saturday, August 7th to Saturday, August 14th. Enjoy the 10th anniversary of Bronzeville Week. Hosted by Alderperson Milele Coggs, the week celebrates African American culture, history, art, commerce, and entertainment with a variety of activities. The Bronzeville Cultural and Entertainment District is located in the 6th Aldermanic District, and is a City of Milwaukee redevelopment initiative inspired by Milwaukee's original Bronzeville District of the early to mid-1900's.

<https://www.facebook.com/BronzevilleWeek/>

af Alliance Française de Milwaukee



Lupin

Inspired by the adventures of Arsène Lupin, gentleman thief Assane Diop sets out to avenge his father for an injustice inflicted by a wealthy family.

Starring: Omar Sy, Ludivine Sagnier, Clotilde Hesme

Creators: George Kay

Part 1, Episode 5 and Part 2, Episode 1 are on Wednesday, July 7th at 7 p.m. Email ErinL@AFMilwaukee.org to receive a Zoom invitation. Watch with us on Zoom or on your own. Show is in French with English subtitles. Discussion to follow! -----



We are open for your library browsing on Mondays through Thursdays, 9:30 to 5:30; and Fridays, 9:30 to 2:30.

*Welcome back;
we missed you!*

1800 East Capitol
Drive



Bastille Days Pop-Up Festival

Saturday, July 17th from 11 a.m. - 6 p.m. Beignets are back! And we've missed you! This year's event, Bastille Day Pop-up Festival in Mequon, is organized by l'Alliance Française de Milwaukee in collaboration with Foxtown and will take place at Foxtown Annex, 6375 West Mequon Road, in Mequon.

The festival will include our famous beignets and cultural tent, food and drink by Foxtown Brewing, Foxtown Heritage Meats, and North Shore Boulangerie; a raffle; French mini-lessons; music by Robin Pluer and the Extra Crispy Brass Band; performances by Milwaukee Ballet and Fred Astaire dancers; and more!

This event is free and open to the public, for Francophones and Francophiles! Visitors can purchase beignets and other items.

VIRTUAL PROGRAMS AT JEWISH MUSEUM MILWAUKEE

(Contact Jewish Museum for access; 1360 N. Prospect Avenue; info@jewishmuseummilwaukee.org/ 414 390-5730)

Book Talk – *At the End of the World, Turn Left*

Thursday, August 5

Time & Location TBD | May be an in-person outdoor event

Join Zhanna Slor, author of *At the End of the World, Turn Left*, as she discusses her debut novel, a compelling story about identity and how you define “home” set in Milwaukee’s eclectic Riverwest neighborhood. In partnership with Coalition for Jewish Learning and NextGen MKE of the Milwaukee Jewish Federation.

At the Service of the People: Mural Art, Politics, and the New Deal

Thursday, August 19, 7:00 PM

Join Raoul Deal, Senior Lecturer at the Peck School of the Arts and artist in his own right, for a presentation about the work and lives of some of the artists who participated in the Public Works of Art Program and the Federal Arts Project, and embraced the power of art to shape the way we see the world.

Wall to Wall: How Mural Art is Changing MKE’s Cityscape

Tuesday, August 24, 7:00 PM

Join Stacey Williams-Ng, founder of Black Cat Alley, for a moderated panel discussion featuring three prominent local mural artists who are on the front lines telling the story of our city. Panelists include: Daisy Gertel, Reynaldo Hernandez, and Tia Richardson.

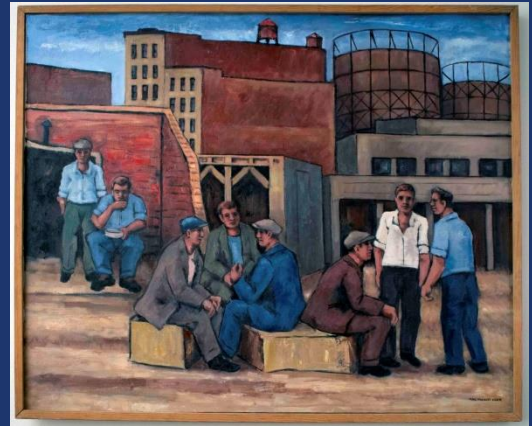
Greendale: A New Deal Greenbelt Town

Sunday, September 5, 1:00 PM

In one of the more obscure New Deal programs of the Great Depression, three “Greenbelt Towns” were designed by the US government. Greendale, Wisconsin, is one of those towns. Join the Greendale Historical Society to examine Greendale as an outgrowth of public policy and an organic community that eventually evolved to embrace a shopping mall, condominiums, and expensive homes while still preserving much of the architecture and ambiance of the original village. The story is told by Greendale’s first residents in their own words.

NEW EXHIBIT: Brother can you spare a dime? Jewish artists of the WPA

June 17 to September 5, 2021



Hooverville depression by Max Arthur Cohn

The everyday worker, like the artist, is critical to national infrastructure. This comparison and connection is visually evident in one of the most devastating periods of US history – the Great Depression. The convergence was generated by artists of diverse backgrounds, many of them Jewish, who were part of the foundation for the establishment of the Works Progress Administration’s (WPA) visual arts arm, the Federal Art Project from 1935-1943.

The program employed 10,000 artists to create murals, paintings, sculpture, photography, graphic art, theater sets, and posters. Artists of disparate beliefs and upbringings participated in and were impacted by the WPA. Regionalism assisted in identifying an artist’s provenance – whether an urban backdrop depicting a neglected New York tenement, rustic midwestern farms, boats docked at coastal ports, or laborers hard at work in sundry settings. Featuring work by Jewish artists in local and regional collections, this exhibit will explore individual and collective contributions and their WPA-Federal Art Project legacies.

Sponsors include The Mary L. Nohl Fund and The Robert and Dolores Schlossmann Family Fund of the Greater Milwaukee Foundation, Isabel Bader, Anonymous Foundation, Suzy B. Ettinger, Linda and Eli Frank, In Memory of Dr. Herbert and Ruth Giller, Marjorie and Jonathan Margolies, Milwaukee Arts Board, Gerald and Louise Stein Family, Harriet & Jerry Dorf, Herbert Zien & Elizabeth Levins, Marquette University Department of History, Coalition for Jewish Learning, Jewish Community Relations Council, Tikkun Ha-Ir, Donor Advised Fund of the Milwaukee Jewish Community Foundation. Media Sponsor: Wisconsin Public Radio

Ethnic activities for families to do at home

Ethnic stories/games/meals

This featured website delivers stories for the entire family on ethnic groups across space and time. Spend a day (or ten) with any of the offerings summarized in the following pages. Each story (appropriate for children 8 to 14), is accompanied by a recipe of the featured group and a game and art project associated with the story. The narratives were created over a 20-year period by the cultural anthropologists at Urban Anthropology Inc. and are based on scholarly research. Families can learn while being entertained.

Go to <http://teacheraidsforkidsmilwaukee.com/> then click on Kids Across Time & Space or Holidays Across the Globe

The Stories: Summaries

Africa

Berbers of Morocco: A tale of a Berber girl living in the Atlas Mountains of Morocco, how her family members worked to support the household, and the near crisis that developed when her brother wanted to move permanently to Spain.

South Africa: A fictionalized account of the decade when the segregated system of apartheid ended in South Africa and how the time is commemorated by the nation's Day of Reconciliation (story presents much food for discussion and is designed for more mature children).

African Turkana: The tribulations of an African boy reaching manhood who needed to acquire sufficient bride wealth in order to marry in the future, the pastoralist society he lived in, and the unexpected ways that his education came to his aid. A story about the benefits of learning.

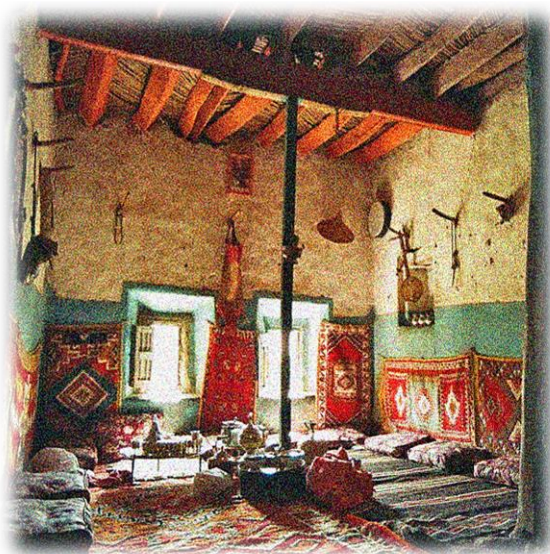
African Ibo: A story of a ten-year-old boy living in Africa around 1800, his vibrant village life, his age grade activity, and the constant threat he faced of being kidnapped into slavery.

Nubia/Kush: The tale of a fifteen-year-old girl living in the black African Kingdom of Kush in the 8th century BC, her trip into Egypt, her cultural shock in seeing the Egyptian transformation of an old friend, and her eventual acceptance of difference.

Europe

Greece: A story of a spoiled teenage boy living in Greece in ancient times, his Olympian experiences, and how a performance of the great Greek drama *Antigone* helped him come to his senses.

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Ethnic stories (summaries)

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Wales: A fictionalized account of a self-involved American youth who goes to witness the youth national cultural festival in Wales and comes away thinking he might be able to use his gifts in more community-serving ways.

Germany: A tale of a German family struggling to keep the Christmas spirit and German Christmas customs while the family children misbehave. German Christmas customs solve the family problem. A good story for the very young.

Spain: A fictionalized account of a Romani (“gypsy”) girl living in Madrid, Spain, the cultural values and problems she faced, and her secret life as a criminal with her older brothers. A story that asks when or if the ends justify the means.

Rome: The experience of a teenage boy living in a Roman province in 64 AD, his ancestors’ enslavement, the introduction of Christianity to the area, and the deeds of Emperor Nero.

Jews of Poland: The account of a young Jewish girl on the eve of the Holocaust, her daily life in the shtetl, the family’s religious traditions, and their eventual demise.

England: The tribulations of a young boy in Medieval England from a mixed ethnic family who must leave his home at an early age to be trained for the knighthood.

Italy: A story of a teenage orphan girl living in Florence Italy at the height of the Renaissance, her experiences growing up in a humane orphanage, and the choice (among three options) she must make for her future. (Very interactive.)

Eurasia

Soviet: A fictionalized account of a teenage girl living under Communism in the USSR in the 1930s, her daily life, and the conflict she faced over loyalty to her family vis-a-vis loyalty to the Communist government.

Ottoman: A tale a teenage boy living in the Ottoman Empire in the late seventeenth century, his cultural environment, his opportunities, his yearnings, and how he achieved balance between his own desires and helping his family.

Asia/Oceania

Hmong: A story about a young Hmong boy in a refugee camp in the 1970s, his people’s involvement in the Vietnam War and its aftermath, how he and his people recorded their history on story cloths, and his eventual immigration to the US.

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Ethnic stories (summaries)

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Siberia: A tale of a college-bound girl living in a reindeer-herding family in Siberia, the changes that took place when her environment was no longer under Soviet control, the options that the girl was considering for her future career, and the ways that each of these options might impact her traditional people.

Burma/Myanmar: A fictionalized account of a young boy of the Mon ethnic group living in war-torn Burma (now Myanmar) in the late 1940s, the school that villagers organized to teach Mon culture, ethnic strife, the boy's attempts to convince his uncle to return from his refugee status in Thailand, and what eventually happened to his village and school. A story about ethnic intolerance.

China: A poignant story about the life of a young girl in China in the early Middle Ages, Confucian values, and the role of filial piety in the household.

India: A tale of an eight-year-old girl living in India in the 17th century, her world under the Mughals, her family's involvement with the British East India Company, and her dread of being married off at a very young age.

Iran: A fictionalized account of a young Iranian man in a Shi'a Muslim family who is about to learn the spirit of Ramadan.

Japan: The story of a Japanese teenager in the 1920s whose life is charted out for him as a family heir within his lineage—an "other-oriented" role that creates a family link between the past and the future. He experiences culture shock when he visits the United States with his father and makes friends with an American sailor who takes him out for a night of 1920s frolicking and questions the young man's Japanese values.

Bali: A fictionalized account of a Balinese boy in the early 1950s, his struggle with hyperactivity, the Balinese culture of performance, and the way the boy's mother helped her son by involving him in performance art.

Trobriand Islands: The tale of a teenage girl living in the Trobriand Islands in 1918, her islands' culture, and how she attempted to attract the man of her dreams through "beauty magic."

Latin America

Brazil: A story of a Brazilian teenager, his slave ancestry, life in a Rio *favela*, and the sacrifices he made to restore his mother's pride. A story about poverty, pride, and family love.

Costa Rica: A fictionalized account of a young boy in the 1820s whose family had immigrated to Costa Rica from Spain, the

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Ethnic stories (summaries)

Continued from page twelve

family's adoption of a young Indian/African orphan, the boys' adventures visiting the rainforest, and their ultimate adventure in search of purported treasures left behind by (now extinct) indigenous people.

Maya: The story of a Maya boy living in the seventh century, his trip into a forbidden cave, the myth of the Hero Twins, and the boy's eventual rite of passage into manhood.

Mexico: A tale of a teenage Nahua Indian girl living in Tepoztlan, Mexico in 1948, the expectations placed on her by her culture, her dreams of living in the United States, and how all this changed when she was befriended by young woman archaeologist from the Great Plains of America. This is a story of "the grass is always greener" turned on its head.

Puerto Rico: A fictionalized account of twin girls living in Puerto Rico, the circular migration of their family between their village in Puerto Rico and New York City, and the ultimate decision the family would have to make about permanent residence in New York or their home village. A story of tension between upward mobility and home and family.

North America

Muskogee Creeks: A tale of a teenage Muskogee Creek girl living through the era of Indian Removal, her village life and matrilineage, Creek spirituality, and her family's decision to avoid the Trail of Tears by emigrating to Texas.

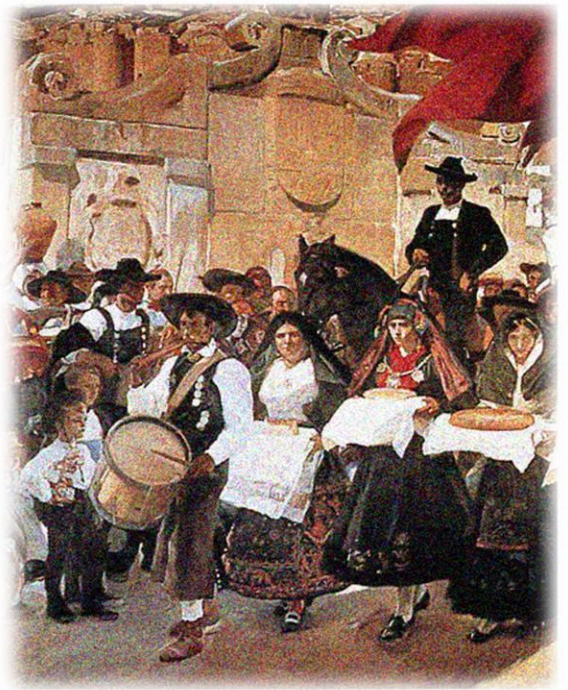
Appalachia: The story of a ten-year-old girl living in the Appalachian Mountains in 1790, the migration of populations following the Revolutionary War, the plight of mixed-race populations, and a look back at the colonial experience.

U.S. Slavery: The fictional account of a young girl born into slavery, how she and her family members made themselves too valuable to their slave overseers to be separated by a slave auction, the Emancipation Proclamation, and the girl's later career as a free woman.

Acadia: A tale of a teenage Metis girl living in Acadia, her community's expulsion from their land, and her family's second home.

Inuit: A fictionalized account of a young Inuit girl living a nomadic life with her family in the Arctic Circle in the 1970s, her life at seasonal sites, the cultural expectations she lived with, and how she overcame jealousy of a younger sibling.

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Ethnic stories (summaries)

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U.S. Great Depression: A story of a young girl living in Nebraska during the dust bowl years of the Great Depression, her steadfast support for her poor family, her daily work load, and an older brother who'd left home for world travel in the abundant 1920s and his reaction to finding his family in dire circumstances.

Hopi: A fictionalized account of a Hopi boy who welcomes his ancestral spirits back to his reservation town.

American Puritans: A story of a boy living in a strict 17th century Puritan household, how he overcame his idleness in order to use Puritan reason to fight slavery in the Colonies.

Northwest Coast: The tale of a twelve-year-old Native boy living in the Northwest Coast of North America in the 16th century, his world of art, the cultural tradition of the potlatch, and his antics trying to outsmart his ceremonial roles.

Milwaukee

African America Milwaukee: A fictionalized account of an African American girl living in Milwaukee, the loss of her Bronzeville community, her migration to and from Milwaukee, her movement into the Civil Rights Movement and local fair housing marches, and her struggles to keep her new home in Sherman Park.

Irish in Milwaukee: A fictionalized account of a young Irish boy whose family settled in the Third Ward in the late 1800s, his aspirations to become a fireman, the scorn he faced from friends for setting his hopes too low, and his ultimate redemption when a fireman from the Ward saves the city of Milwaukee from burning down.

1950s Milwaukee: A story of a girl living in Milwaukee in the prosperous 1950s and how she and her age mates were influenced by the growing material culture of the day. A story about the influences of popular culture on gender roles.

Polish Milwaukee: A fictionalized account of a young Polish boy living on Milwaukee's south side in the early 1940s, his daily life in a Polish flat, his faith community at the Basilica of St. Josaphat, and what he learned one month about how his meals were prepared.



Go to <http://teacheraidsforkidsmilwaukee.com/> then click on Kids Across Time & Space or Holidays Across the Globe

Kids across Time & Space (KaTS)
Online cultural stories for



youth

Over 30 stories, written by cultural anthropologists, of less than 15 minutes each in length, are featured in the KaTS program, and are written for children aged 8 to 14. The stories take place between 700 BC to current times and span all global areas. Each story includes notes for parents or teachers, a game, art projects, recipes, and pre/post test questions. The free website is at www.teacheraidsforkidsmilwaukee.com/KaTS_main.html

List of stories (presented chronologically)

Nubia/Kush: The cultural pride of Khikhy. **Greece: Kyros' love of power.** Roman Empire (Lazicum): Rufus and world of change. **China: The dilemma of Pang.** Maya classical: Can Pacal become a man? **England Medieval: The tribulations of William.** North-west Coast: The foolishness of Sa'laLEla. **India: The dread of Elina.** Italy Renaissance: Francesca's difficult decision. **American Puritans: The reason of Jeremiah.** Ottoman Empire: The Yearning of Yusuf. Acadians: **The relocation of Alma.** Appalachian Me-lungeons: Martha's family secret. **African Igbo: The dangerous life of Ngozi.** Costa Rica: The great adventure of Tomas. **Creek Indians: Sehoy's fate.** US slaves: The education of Dori. **Milwaukee Irish: Patrick's dream.** Trobriand Islands: Ilabova's transformation. **Japan: The culture shock of Ichiro.** Soviet Union: Natasha's predicament. **US Depression: The devotion of Barbara.** Poland Jews: Rachel's last days. **Milwaukee Polish America: Stefan's goose.** Mexico (Tepoztlan): The dissatisfaction of Zaniyah. **Bali: The hyperactivity of Nyoman.** US Milwaukee: Beverly, the first "material girl." **Burmese Mon: Zeya's school.** Inuit: Al-laq's jealousy. **Milwaukee African American: Ruby's lost childhood.** Hmong: Moua Lia's assignment. **Brazil: The dignity of Manoel.** Siberia: Tonya's future. **Gitanos/Spain: Nina's secret life.** Puerto Rico: The twins must decide. **Moroccan Berbers: Aisha's household.** African Turkana: Ekwee's transaction

Milwaukee's Cultural Connect online
Ethnic education for youth



The Cultural Connect program (CC) began as a series of documentaries based on the 12-year ethnic study conducted by 70 cultural anthropologists in Milwaukee. The documentaries appeared locally on television on PBS and/or on the MATA channel.

Later these documentaries were included in an 8-unit youth program in over 20 schools and each unit was conducted by anthropologists of the same ethnic background as the unit being presented. Over the years, more components of this program were developed.

Now the program is available at no charge at
www.teacheraidsforkidsmilwaukee.com/CC_main.html

Program description

Cultural Connect is designed for middle and high school age youth and their teachers (or program coordinators) who want to learn more about Milwaukee ethnic groups. The units include documentaries of approximately a half-hour in duration, teachers' guides, games, pre/post surveys, and talking point resources. Groups featured include Milwaukee (1) African Americans, (2) Puerto Ricans, (3) Irish, (4) Germans, (5) Hmong, (6) American Indians, (7) Mexicans, and (8) Poles. Each video documentary is hosted by an anthropologist of the ethnic group featured and includes the voices of key informants of each group.

A bonus unit is provided on the Milwaukee homeless population.

Now live
Website on 191 Milwaukee neighborhoods



Links on each neighborhood include:

- 6 to 35 pages of information
- Brief neighborhood description
- Population-focused history (including ethnic roots)
- Snapshots of commercial districts of the past
- Quotes from residents
- Quotes from oral histories (where available)
- Low cost nearby outings for families
- Demographics of current neighborhood
- Photos of neighborhood

The website currently includes ALL 191 of the neighborhoods. Each week two new information will be added.

<http://neighborhoodsinmilwaukee.org/>

The website is participatory inviting you to add more information on your own neighborhood

Website on over 50 Milwaukee ethnic groups has launched



Between 2000 and 2012, anthropologists at Urban Anthropology Inc. conducted a rigorous study of over 65 ethnic groups in the Greater Milwaukee area. This study resulted in two books—one academic and one for lay audiences. Now it has become a website.

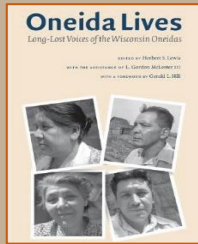
Links on most ethnic groups includes:

- Local history in the Greater Milwaukee area
- Major practices
- Quotes from the 2012 ethnic study
- “Meet your ethnic neighbors” feature
- Ethnic businesses
- Ethnic events and holidays

www.ethnicmilwaukee.com

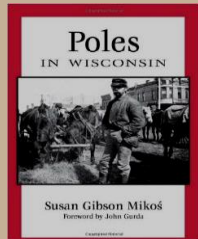
Ethnic Wisconsin in books

NON-FICTION



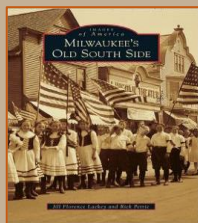
In this intimate volume edited by Herbert Lewis, the long-lost voices of Wisconsin Oneida men and women speak of all aspects of life: growing up, work and economic struggles, family relations, belief and religious practice, boarding-school life, love, sex, sports, and politics. These voices are drawn from a collection of handwritten accounts recently rediscovered after more than fifty years, the result of a WPA Federal Writers' Project undertaking called the Oneida Ethnological Study (1940-42) in which a dozen Oneida men and women were hired to interview their families and friends and record their own experiences and observations.

www.nebraskapress.unl.edu



In this all-new addition to the People of Wisconsin series, author Susan Mikos traces the history of Polish immigrants as they settled in America's northern heartland. The second largest immigrant population after Germans, Poles put down roots in all corners of the state, from the industrial center of Milwaukee to the farmland around Stevens Point, in the Cutover, and beyond. In each locale, they brought with them a hunger to own land, a willingness to work hard, and a passion for building churches.

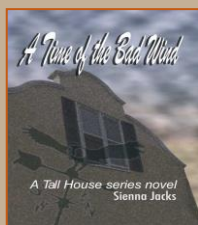
www.wisconsinhistory.org/whspress



The Old South Side has always welcomed ethnic groups. In the late 1800s, the area was developed by immigrant Poles who became the dominant population for over 100 years. While other Milwaukee ethnic neighborhoods gradually dissipated in the mid-20th century because of assimilation pressures, freeway building, or urban renewal, the Old South Side remained solidly Polish. A survey nearly a half century later revealed that people of 110 national backgrounds now lived in the area.

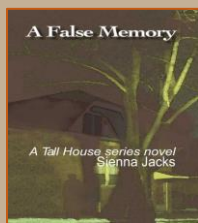
www.arcadiapublishing.com

FICTION

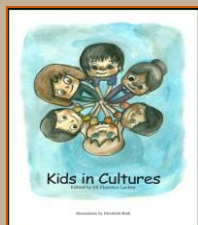


"My dear Meyer," chided the old historian, "why should anyone be surprised by shootings at the Tall House? Have you looked into its past?"

The young anthropology intern was more than willing to look. Meyer Hoffmann's voracious curiosity led him on a course of inquiry about the Tall House, those who'd lived there, and the neighborhood itself. As zealous Meyer uncovered information about the Tall House's history, he blundered to false conclusions as often as he stumbled onto correct ones. The only thing Meyer knew for certain was that everything about these shootings connected to forced ethnic migrations of the past. Yet no one—not the guests, not the neighbors—acted very concerned about these shootings. After all, weren't they designed to be victimless? Perhaps, initially. But that changed. www.MECAHmilwaukee.com

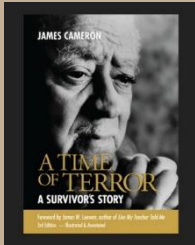


When the family of Leroy Cyrus decided to board him at the sumptuous Tall House, the resident social justice workers didn't know how to respond. Cyrus, now demented, was once a person of interest in the murder of the best friend of the Tall House's proprietor, Sherilyn Riddle. She questioned whether it was ethical to interrogate a man with Alzheimer's disease. One boarder that had no problems with the ethics of this investigation was anthropology student, Meyer Hoffmann. He'd do whatever was necessary to solve this and possibly related murders. But the question was—how can he know if the information he gleaned from Cyrus was true, fabricated, or based on false memories? www.MECAHmilwaukee.com



Kids in Cultures educates (while entertaining) children on key concepts of diversity, including culture, ethnicity, and multicultural societies. Kids learn about these concepts through stories of children in various eras and cultural settings in SE Wisconsin. The authors are authorities in their fields. Stories include "Mammoth meat," "Barbara Smith is German?" "Showing up is important: A Hmong virtue," "Firefly nights: An urban Oneida story," "Snow falls in Bronzeville," and "The Braves take the World Series: A Polish and Mexican story." www.MECAHmilwaukee.com

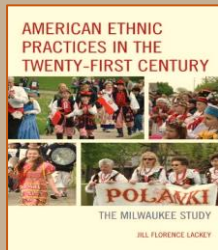
Ethnic Wisconsin in books, continued



A Time of Terror: A Survivor's Story by James Cameron is the *only* account ever written by a survivor of a lynching. Thanks to America's Black Holocaust Museum and its parent organization, the Dr. James Cameron Legacy Foundation, the book is now available again to a general audience. The Foundation has preserved this fascinating out-of-print book by publishing and distributing a revised 3rd edition. This new edition includes five never-before-published chapters, photographs, and information for students and teachers. The

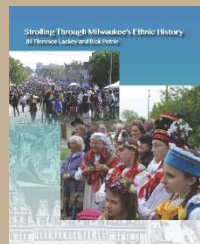
Foundation will also properly preserve and store Dr. Cameron's original manuscript. www.atimeofterror.info; get book at <https://tinyurl.com/timeofterror>

RECOMMENDED BY CHOICE JOURNAL!



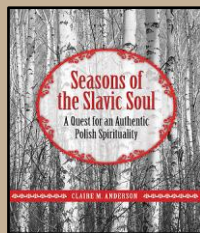
American Ethnic Practices in the Early Twenty-first Century: The Milwaukee Study is a work based on a twelve-year research project conducted by Urban Anthropology, Inc. The qualitative study examined current strength of ethnicity and the contributions that ethnic practices have made to the wider society. The work takes a new approach by focusing on ethnic practices. The most prominent findings in the book were the ways that community-building activities of ethnic groups contributed to the wider society, and how this, in turn can help restore a needed balance between individualism and collectivism in the United States. www.lexingtonbooks.com

NEWEST



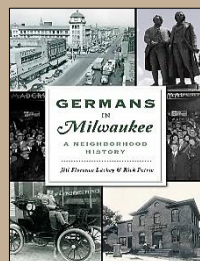
Strolling Through Milwaukee's Ethnic History is the follow-up book to the academic text above, but is written for a lay audience. The book takes readers on actual "strolls" through Milwaukee streets and neighborhoods where each ethnic group left their marks. They are fun and educational tours for families and classrooms.

<http://mecahmilwaukee.com/>



Seasons of the Slavic Soul, by Clare M. Anderson is the story of the rich, long Slavic Spiritual tradition where everyday holiness thrives on different seasons

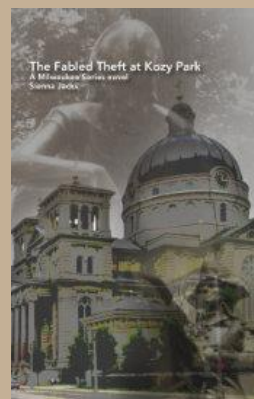
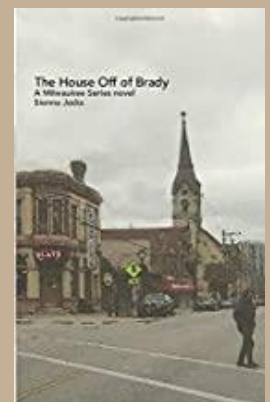
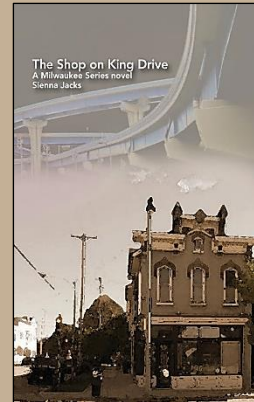
<http://actapublications.com/seasons-of-the-slavic-soul/>



Germans in Milwaukee: A neighborhood history, by Jill Florence Lackey and Rick Petrie documents the German presence that still exists in Milwaukee neighborhoods, including place names to parklands to statuary, and through the memories of local residents—some 1,200 who contributed interviews to the authors' organization, Urban Anthropology, Inc.

www.arcadiapublishing.com/Products/9781467147286

Mystery novels to support ongoing work of Urban Anthropology Inc.



The author of the Tall House mystery series, Sienna Jacks, has created a series of novels that take place in Milwaukee neighborhoods. The first offering takes place on Brady Street, the second in the original Bronzeville neighborhood, and the third in Lincoln Village.

As a former resident in numerous Milwaukee neighborhoods, Dr. Jacks will be donating most of her royalties for the ongoing work of Urban Anthropology Inc.

Order at

<http://mecahmilwaukee.com/Fiction.html>

Work of Urban Anthropology (UrbAn):

Milwaukee neighborhood website
Milwaukee ethnic website
Milwaukee educational website
Milwaukee Ethnic News
Milwaukee Neighborhood Forum
15 Milwaukee documentaries

UrbAn is an all-volunteer organization

Publisher focuses on ethnic Milwaukee

Presents opportunities for local writers



Milwaukee Ethnic Collection of Arts and Humanities (MECAH Publishing) recently opened in Milwaukee. Its goals are to:

- Interest readers in the cultural diversity of Milwaukee and its surrounding communities.
- Produce products that fit one or more of these arts and humanities: history, anthropology/archaeology, folk art, art history, museums, literature (including poetry and fiction), language, architecture, and religion.
- Target the products to lay audiences of all ages (e.g., non academic).

Products that relate to urban centers of southeast Wisconsin and highlight cultural diversity will be considered, and can include any of the following:

- Nonfiction books (e.g., small museums in southeastern Wisconsin, the history of Pentecostal churches in Milwaukee).
- Fiction books (e.g., a mystery set in Milwaukee, a book for young people with a local immigration theme).
- Documentaries (e.g., the Irish of southeastern Wisconsin; a reproduction of a play with a Milwaukee theme).

MECAH Publishing

*Milwaukee Ethnic Collection of
Arts and Humanities*

MECAHMilwaukee.com

The work of Urban Anthropology



Urban Anthropology Inc. (UrbAn), the publisher of this newsletter, is an organization of cultural anthropologists dedicated to the celebration of cultural diversity and developing assets in Milwaukee neighborhoods. Among its accomplishments in the past two decades are the following:

- 12-year study of 65 ethnic groups in the Greater Milwaukee area, resulting in multiple youth and adult programs and two books.
- Oral history of 29 Milwaukee neighborhoods, resulting in website, multiple programs, and two books.
- 15 documentaries, based on the above studies.
- 100 life histories of the Milwaukee homeless, resulting in Marquette curriculum and documentaries
- Over 30 programs to beautify and improve Milwaukee neighborhoods
- Training of over 100 anthropology interns in grassroots research
- Publication of bimonthly, *Milwaukee Ethnic News*.
- Website of 191 Milwaukee neighborhoods (see page 11).
- Website of aids for teaching cultural diversity to students, based on past UrbAn youth programs (see page 7).
- Currently working with three neighborhoods to develop block museums
- Three plays on Milwaukee history
- Study on immigration and work ethics.

Milwaukee Ethnic News

Milwaukee Ethnic News is published bimonthly by Urban Anthropology Inc. and is managed by volunteer anthropologists. The purpose of the newsletter is to offer ethnic organizations and individuals opportunities to share news and information about their cultures. The newsletter does not receive funds from any external source. The editor is Dr. Jill Florence Lackey.

Subscriptions

The newsletter is emailed to anyone wishing to receive it. People subscribing themselves and their friends went from 48 in June, 2012 to over 1,000 currently. If you wish your email or that of a friend to be added to the subscriber list, send the email addresses to JFLanthropologist@currently.com.

Submitting stories

Milwaukee Ethnic News is interested in stories from individuals, businesses, and organizations that have an ethnic appeal. These can be stories about an immigrant family, special ethnic events, or ethnic issues that need to be aired as guest editorials. Stories that show interethnic cooperation are most welcome.

Stories must be between 100 and 400 words. Some editing will be done to match our style guidelines and spatial constraints. We will write the stories for you if you simply send us a list of the information that you want included. A photo of less than 2 MBs is always required for a story to be published. Please do not refer us to websites to collect information or photos. If we write your story from the general information you send, we do not send proofs for approval.

Stories are always due on the 25th of the month preceding a publication month. At times later submissions may be allowed (ask first). Publication months are July, September, November, January, March, and May. Please send your stories to JFLanthropologist@currently.com.

Editorials

Milwaukee Ethnic News occasionally prints editorials or opinion pieces that deal with ethnic topics. Guest editorials are also welcome, but need prior approval to be published.



Ethnic Documentaries from Urban Anthropology Inc.

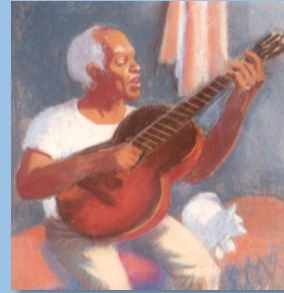
The Kaszubs of Jones Island: The People That Nobody Knew

Story of a fishing community that once thrived in the middle of an urban center, and then disappeared.

Urban Indians and the Culture of Collective Action

The cultural practices and local contributions of North American Indians in Milwaukee.

African Americans and the Culture of Contribution



The fall of Bronzeville and the contributions of African Americans in the city of Milwaukee.

The Amazing Adaptation of the Urban Hmong

When thousands of Hmong came to the United States, they made an incredible adaptation to a complex society, while keeping their own cultural practices alive.

The Varieties of Latino Experience



This documentary focuses on the diversity (as well as similarities) among various Latino groups in Milwaukee.

DVDs are \$25.00 each. All are based on studies done by cultural anthropologists. To order go to www.urban-anthropology.org/Paypalorders.html